

# A 12 Hour Day Ignoring the Night

By: Shíloh Belgar

# **A look at the 12 Hr Sabbath theory and doctrine**

"The origin of our time system of 24 hours in a day with each hour subdivided into 60 minutes and then 60 seconds is complex and interesting," says Dr Nick Lomb, consultant curator of astronomy, from the [Sydney Observatory](#).

Our 24-hour day comes from the ancient Egyptians who divided day-time into 10 hours they measured with devices such as shadow clocks, and added a twilight hour at the beginning and another one at the end of the day-time, says Lomb.

"Night-time was divided in 12 hours, based on the observations of stars. The Egyptians had a system of 36 star groups called 'decans' — chosen so that on any night one decan rose 40 minutes after the previous one.

"Tables were produced to help people to determine time at night by observing the decans. Amazingly, such tables have been found inside the lids of coffins, presumably so that the dead could also tell the time."

In the Egyptian system, the length of the day-time and night-time hours were unequal and varied with the seasons.

"In summer, day-time hours were longer than night-time hours while in winter the hour lengths were the other around," says Lomb.

<https://www.abc.net.au/science/articles/2011/11/15/3364432.htm#:~:text=Our%2024%2Dhour%20day%20comes,on%20the%20observations%20of%20stars.>

## Ancient Babylonians: hours and minutes

The subdivision of hours and minutes into 60 comes from the ancient Babylonians who had a predilection for using numbers to the base 60. For example, III II (using slightly different strokes) meant three times 60 plus two or 182.

"We have retained from the Babylonians not only hours and minutes divided into 60, but also their division of a circle into 360 parts or degrees," says Lomb.

"What we have not retained is their division of a day into 360 parts called 'ush' that each equalled four of minutes in our time system."

Lomb says it's likely that the Babylonians were interested in 360 because that was their estimate for the number of days in a year. Their adoption of a base 60 system was probably allowed them to make complex calculations using fractions.

## Ancient Chinese

The ancient Chinese used a dual time system where they divided the day into 12 so-called, 'double hours', originally with the middle of the first double hour being at midnight.

They also had a separate system in which a day was divided into 100 equal parts called 'ke', that are sometimes translated as 'mark' into English.

"What complicated this arrangement was that the two systems did not mesh well since there were a non-integral number of ke in each double hour, specifically  $8 \frac{1}{3}$ . Because of this inconvenience, much later on, in the year 1628 of our era, the number of ke in a day was reduced to 96," says Lomb.



## More Referential History

<https://www.militarytimechart.net/history-24-hour-clock/>

<https://www.worldtimeserver.com/learn/where-does-the-24-hour-clock-format-come-from/>

<http://militarytimechart.com/24-hour-clock/>

<https://www.quora.com/How-was-the-24-hour-clock-invented-And-who-invented->

[ithttps://en.wikipedia.org/wiki/24-hour clock](https://en.wikipedia.org/wiki/24-hour_clock)

**So, where does this idea find its Premise?**

**John 11:9-10**

**Holman Christian Standard Bible**

“Aren't there 12 hours in a day?” Jesus answered.

“If anyone walks during the day, he doesn't stumble, because he sees the light of this world.”

**International Standard Version**

Jesus replied, “There are twelve hours in the day, aren't there? If anyone walks during the day he does not stumble, because he sees the light of this world.”

# #1 Large Components of the Day

Gen 1:5a

1<sup>st</sup>: there are 2 major divisions to divide the 24 hour cycle in half.

12 hrs. Day  
12 hrs. Night



Notice: Everything about creation week started here with Day-Light.

Night <layil> H3915

... and the darkness he called Night.

\* a twist (away of the light), night (season).

<layil> is the  
only term in  
Gen 1:5 that  
belongs to the  
Night Season.



\* Not to be confused with vs 2  
“darkness” <H2822 choshek>.



# 1<sup>st</sup> Def: Day <yowm>

And Yahuah called the light Day

*Strong's* day H3117; yowm;

from an unused root meaning to be hot;

a day (as the warm hours),

whether literal (from sunrise to sunset ...[basically the 12 hours of light])

[or a more accurate explanation would be "from dawn to dusk."]

Note: In a short time you'll see how *Mr. Strong's* wording will be corrected by the Hebrew definitions of "evening" and "morning."

*Brown-Driver-Brigg's Hebrew Lexicon* day H3117 yowm – day.

a) day (as opposed to night) [basically the 12 hours of light]

## Evening <ereb> H6153

And the evening ...

- \* dusk; to grow dusky;
- \* be darkened,
- \* a primitive root; to braid, intermix

<ereb> has a  
mixture of  
“light” and “night.”  
Therefore <ereb>  
belongs to the  
Day Season.

R  
E  
V  
I  
E  
W



# But...

## Most of us have been taught an Incorrect Understanding For Evening and Morning

★ "... And the evening, ★ and the morning  
*were* ★ the first day."

These ★ phrases have traditionally **been taught to mean** that the new <yowm> day/cycle begins in the evening.



## This is simply not true!

# Morning <boqer> H1242

... and the morning were the first day.

\* properly, dawn (as the break of day);  
a primitive root; (generally) break forth.

R  
E  
V  
I  
E  
W

<boqer> also has  
a mixture of  
“light” and “night.”  
Therefore <boqer>  
belongs to  
the Day Season.





# #1 Large Components of the Day

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1<sup>st</sup>: there are 2 major divisions to divide the 24 hour cycle in half.

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12 hrs. Night



Notice: Everything about creation week started here with Day-Light.

# THE ACHAD FACTOR

**EREB + BOQER = ACHAD**

From the full length of the light to its end (EREB),  
through & to the full period of darkness to its end  
(BOQER) = ACHAD

**DEUT 6: 4**

...YAHUAH ACHAD. YAHUAH IS ONE!/ONENESS!

## WHY IS YOM'S SECOND USE RELATED TO THE FIRST USE?

BECAUSE THE LIGHT IS WHAT IS EMPHASIZED IN THE WHOLE  
OF THE DUALITY.

**Yom is its own complete unit.**

THE EMPHASIS IS BEGINNING WITH LIGHT AND ENDING IN  
LIGHT, SO, FROM LIGHT TO LIGHT IS WHOLENESS!

Yom, as its own complete unit swallows up the darkness and  
emerges renewed.

**EXO 7:12, 15:2**

# **THE HEBREWS WERE CONCRETE**

(actual and functional, even in their glyph script)

**IN WRITING BUT RICH IN FOUNDATIONAL CONCEPTS.**

HENCE, THE REASON THAT “WARMTH, LIGHTED PERIOD”/YOM IS USED TO DESCRIBE OR DENOTE THE BRIGHT PART OF THE DAY AND FINALLY AS THE COMPLETE unit.

Consider Passover, Exo 12:21,11, 12:48,  
Lev 23:5, Num 9:5

**(Because it is during the period of light that most productivity of man is achieved! So, we occupy ourselves with the period of productivity!)**



5 and~he~will~CALL.OUT<sup>(v)</sup> ( / וַיִּקְרָא wai'yiqa'ra) Elohiym ( / אֱלֹהִים  
 e'lo'him) to~LIGHT ( / וְלֹאֹר la'or) DAY ( / יוֹם yom) and~to~DARKNE  
SS ( / וְלַחֹשֶׁךְ wê'la'hho'shekh) he~did~CALL.OUT<sup>(v)</sup> ( / וַיִּקְרָא qa'ra) N  
IGHT ( / לַיְלָה lai'lah) and~he~will~EXIST<sup>(v)</sup> ( / וַיְהִי wai'hi) EVENING  
 ( / וָעֶרֶב e'rev) and~he~will~EXIST<sup>(v)</sup> ( / וַיְהִי wai'hi) MORNING  
 ( / וּבֹקֶר vo'qer) DAY ( / יוֹם yom) UNIT ( / אֶחָד e'hhad)

**RMT:** and Elohiym called out to the light, day, and to  
 the darkness he called out, night, and evening existed  
 and morning existed, a day unit,

(From the renewed mechanical translation,  
 by Jeff Benner)

## #2 Small Components of the Day



The twilight components are small slivers of transition between the light and night.

Evening twilight was placed 12 hrs.  
before the Morning twilight.

The Gen 1:5 "order" is correct!

**UNIT:** (masc.: / תחא'hhad) (fem.: / תחא'hhad) A unit within the whole, a unified group. A single quantity. *Alternate Translations:* another; first; one; other. *Strong's:* #0259

Similar route

**UNITE(V):** ( / תח'g.hh.d) To put together to form a single unit. *Strong's:* #3161

### [Psa 86:11](#)

Teach me thy way, O LORD; I will walk in thy truth:  
unite my heart to fear thy name.

The real questions on the 12 hr day and thus 12 Hr Sabbath are:

Does the Torah show that a day is only defined/conceptualized as a period of light solely and only!?

Does the Torah show the day light independently and separately from a period of darkness?

Let us examine these texts, then review the texts in the Gospel narrative, in light of these references and observation.



Gen 19:33 - And they made their father drink wine that night: and the firstborn went in, and lay with her father; and he perceived not when she lay down, nor when she arose.

Gen 19:34 - And it came to pass on the morrow, that the firstborn said unto the younger, Behold, I lay yesternight with my father: let us make him drink wine this night also; and go thou in, and lie with him, that we may preserve seed of our father.

Notice, previous verse said that night, referring to the dark period in the portion of that day. In the verse she said "yester night", again referring to the period of darkness in the full cycle of the day, then notice, before that statement, it is written "it came to pass on the MORROW," meaning tomorrow. However, it was in the dark period of night time they were talking, so she said to her sister "go thou and lie with him..."

We see that a complete day is consistently referenced in the Scripture as a period of light and darkness...

**Isa 8:20** To the law and to the testimony: if they speak not according to this word, it is because there is no light in them.

As testimony is established...Deut 17:6  
(Jn 8:17, Matt 18:16)

**Gen 8:22** - While the earth remaineth, seedtime and harvest, and cold and heat, and summer and winter, and day and night shall not cease.

**Neh 1:6; 4:9**

**Job 26:10**

**Exo 13:21; Num 9:16, 21**

# The Pesach Consideration

Exo 12:8 ...Eat it at night

Vs.12 ...Psssover that night

**Vs. 42 ...NIGHT TO BE MUCH OBSERVED**

**Lev23:5...**

**Num 9:5,6**

**But called Day**

**(JOB 30:17, Night Season)**

# When shall we meditate on YaH's ways/Torah?

**Ps 1: 2**

**Josh 1:8**

This book of the law shall not depart out of thy mouth;  
but thou shalt meditate therein day and night,  
that thou mayest observe to do according to all  
that is written therein: for then thou shalt make thy  
way prosperous, and then thou shalt have good success.

## Exodus 29

### Exo 29:33

And they shall eat those things wherewith the atonement was made, to consecrate *and* to sanctify them: but a stranger shall not eat *thereof*, because they *are* holy.

### Exo 29:34

And if ought of the flesh of the consecrations, or of the bread, remain unto the morning, then thou shalt burn the remainder with fire: it shall not be eaten, because it *is* holy.

### Exo 29:35

¶ And thus shalt thou do unto Aaron, and to his sons, according to all *things* which I have commanded thee:  
**seven days shalt thou consecrate them.**



## Exo 16:14

And when the dew that lay was gone up, behold, upon the face of the wilderness *there lay* a small round thing, *as* small as the hoar frost on the ground.

15 And when the children of Israel saw *it*, they said one to another, It *is* manna: for they wist not what it *was*. And Moses said unto them, This *is* the bread which the LORD hath given you to eat.

19 And Moses said, Let no man leave of it till the morning.

20 Notwithstanding they hearkened not unto Moses; but some of them left of it until the morning, and it bred worms, and stank: and Moses was wroth with them.

21 And they gathered it every morning, every man according to his eating: and when the sun waxed hot, it melted.

23 And he said unto them, This *is that* which the LORD hath said, To morrow *is* the rest of the holy sabbath unto the LORD: bake *that* which ye will bake *to day*, and seethe that ye will seethe; and that which remaineth over lay up for you to be kept until the morning.

24 And they laid it up till the morning, as Moses bade: and it did not stink, neither was there any worm therein.

25 And Moses said, Eat that to day; for to day *is* a sabbath unto the LORD: to day ye shall not find it in the field

26 Six days ye shall gather it; but on the seventh day, *which is* the sabbath, in it there shall be none.

27 And it came to pass, *that* there went out *some* of the people on the seventh day for to gather, and they found none.

## Exo 29:36

And thou shalt offer every day a bullock *for* a sin offering for atonement: and thou shalt cleanse the altar, when thou hast made an atonement for it, and thou shalt anoint it, to sanctify it.

37Seven days thou shalt make an atonement for the altar, and sanctify it; and it shall be an altar most holy: whatsoever toucheth the altar shall be holy.

38Now this *is that* which thou shalt offer upon the altar; two lambs of the first year day by day continually.

39The one lamb thou shalt offer in the morning; and the other lamb thou shalt offer at even:

40And with the one lamb a tenth deal of flour mingled with the fourth part of an hin of beaten oil; and the fourth part of an hin of wine *for* a drink offering.

41And the other lamb thou shalt offer at even, and shalt do thereto according to the meat offering of the morning, and according to the drink offering thereof, for a sweet savour, an offering made by fire unto the LORD.

42*This shall be* a continual burnt offering throughout your generations *at* the door of the tabernacle of the congregation before the LORD: where I will meet you, to speak there unto thee.

## The Big Axe



**Lev 6:9** - Command Aaron and his sons, saying, This is the law of the burnt offering: It is the burnt offering, because of the burning upon the altar **all night unto the morning**, and the fire of the altar shall be burning in it.

**Lev 6:20** - This is the offering of Aaron and of his sons, which they shall offer unto the LORD **in the day** when he is anointed; the tenth part of an ephah of fine flour for a meat offering perpetual,  
**half of it in the morning, and half thereof at night.**

## John 11:9

YahuSha answered, Are there not twelve hours in the day? If any man walk in the day, he stumbleth not, because he seeth the light of this world.

## John 11:10

But if a man walk in the night, he stumbleth, because there is no light in him.

### Mark 9:31

For he taught his disciples, and said unto them, **The** Son of man is delivered into **the** hands of men, and they shall kill him; and **after** that he is killed, he shall rise **the third day**.

### Matt 12:40

For as Jonas was three days and three nights in the whale's belly; so shall the Son of man be three days and three nights in the heart of the earth.

### Acst 20:31

Therefore watch, **and** remember, that by the space of **three** years I ceased not to warn every one **night and** day with tears.



**Matt 4:2**

**King James 2000 Bible**

And when he had fasted forty days  
and forty nights, he was afterward  
hungry.

Note: not 40 days and 39 nights!

**Mark 1:13**

**Luke 4:2**

**1<sup>ST</sup> DAY = LIGHT PERIOD + DARK PERIOD**

**2<sup>ND</sup> DAY = LIGHT PERIOD + DARK PERIOD**

**3<sup>RD</sup> DAY = LIGHT PERIOD + DARK PERIOD**

**COLLECTIVELY, after the 3<sup>rd</sup> day =**

**After 3 consecutive periods of light,  
with their associate periods of darkness.**